## Coaching: Marriage Matters



Week 6

## Marriage Is a Sacred Design

Marriage is a sacred design. It is a magnificent institution and an intentional element within God's creation. Just as God knew we needed sunshine and rain to live, God also knew that the element of marriage would be crucial to both the maintenance of a family unit and to the enhancement of personal development. Marriage was intended to be an intimate and sacred space for men and women to live, love, mature, and procreate.

The relational context for marriage as ordained by God is so strong and binding that Christ's relationship with the church in scripture is referred to as "bride and groom." And just as a relationship with Christ and the church enhance your life spiritually, marriage is intended to produce and enhance your life relationally.

Marriage was never intended to be a casual association between a man and a woman, rather marriage was designed to be the state of being for two people who have made a covenant pledge to remain together for a lifetime.

The binding of a man and a woman together in a stable family unit was part of God's initial creation, and just like the sun, the moon, the ocean, and the stars, marriage remains in existence today.

Marriage is like a mirror as each partner comes face to face with who they really are. Each partner comes face to face with their imperfections and the impact upon others of their decisions and actions.

Marriage is also like God's potter's wheel. God can be creative and innovative in a marriage by molding a couple who seeks His guidance into the real and relevant creatures He intends them to be.

Marriage was intended to be an intimate and sacred space for men and women to live, love, mature, and procreate.

## Coaching: Marriage Matters



## Some Things to Do This Week

- Day 2: Reflect on the message and scripture reading; journal if you like
- Day 3: Pray for or meditate on what you think you need
- Day 4: Discuss the message and scripture with your spouse
- Day 5: Plan how you can best respond to the message
- Day 6: Rest; don't think about the message or the scripture; listen in the stillness
- Day 7: Recommit yourself to your marriage

<u>JOURNAL</u>