

# Coaching: Marriage Matters



Week 9

## The Foundation for Marriage

If you want to experience unity in your marriage, both you and your partner must agree upon a set of principles that will guide and sustain your relationship through the many seasons of life. Both you and your partner must agree upon what the foundation of your marriage will be.

In selecting the principles that will guide your marriage, it's important to be aware that there is a difference between opinion and truth. Opinions are like the wind. They are always shifting and can change in an instance due to error or misunderstanding. More so, opinions are ultimately self-serving notions that are unable to provide a sustainable foundation for life or marriage. As the saying goes, one person's opinion is often as good as another's!

If you and your partner truly want to experience unity and are seeking an unshakable foundation for your marriage, the Bible is the best place to look for guidance. Not only does it reveal the truth about mankind, it provides insight and direction about the holy institution of marriage.

Because marriage has been established by the Creator of mankind, it only makes sense that the information and knowledge we need about marriage is to be found in the Creator's revelation to mankind, the Bible. This third party truth, revealed to us and preserved over time through the oversight of the Holy Spirit, provides an incredible compass for navigating marriage.

When both a husband and wife seek truth over opinion, seek Jesus Christ's teachings over the world's teachings, and have a shared commitment to studying the Bible—their marriage will not only be enriched and enlightened, but the foundation of their relationship will be more secure.

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